

CERTIFICATE OF PARTICIPATION

This is to certify that

Maricia Froneman

Has successfully participated & completed the

7km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

TIME 01:41:52

PACE 14:33/km

**GENDER 136 of
161**

OVERALL 173 of 204

40 - 49 28 of 31

28 August 2016, Sun

Date



BoutTime

Signature

